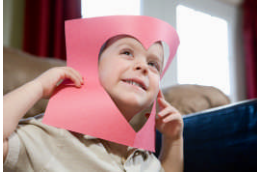


# Redeemer Preschool

## September 2009

[www.redeemerkids.com](http://www.redeemerkids.com)

### School Success Made Easy



When your child has a great first few weeks of preschool, it sets the stage for the rest of the year. By trying some tried-and-true strategies, you will help your child have a successful school year.

- It is very possible that your child still cries and continues to feel some anxiety about leaving you. Don't panic and just be supportive and work with your teachers to ease the transition.
- Preschoolers should get about 11-13 hours of sleep a night. A good night's sleep will help a young child concentrate, feel less cranky and put him in an overall good mood, which is essential for school success.
- From attending the back-to-school family potluck, going on a field-trip, to volunteering at the preschool, make your child's school a place you visit often.
- It is important to know your child's daily routine at preschool so you can help him not only prepare for the day ahead, but also allow you to take an active interest in what she does while at school.
- Other parents are a good way to keep tabs on school activities. Establishing relationships with other moms and dads also offer plenty of opportunities for play dates, carpools and emergency situations.
- Good social skills are key to school success. When you are out together with your preschooler, go over some basic rules of how to behave, including hand-washing and going to the bathroom.
- Even if your preschooler doesn't have homework yet, it is a good idea to set aside a special place in the house where he can do some coloring, cutting, painting and other activities. Make sure he knows to put everything back in its proper spot—just like he needs to do at school.
- Make everyday a learning adventure. Whether you are in the car, shopping, or walking with your child, find ways you can build your preschooler's skills, such as math, vocabulary, taking turns, which can be easily translated well into the classroom.
- Take an interest in what your child does at school. If she brings home papers, go over it together and talk about what she has learned. If there is a particular subject that she seems to enjoy, explore ways that may encourage her interest.



- Communicate with the director and your child's teachers when you have any questions or input.



### IMPORTANT DATES

#### Monday, September 7

Labor Day  
Preschool Closed

#### Thursday, September 17

Family Potluck  
for ALL classrooms  
Time to meet other parents  
5:30—7:00 PM

#### Saturday, September 19

Kids' Carnival  
@ Redeemer Church  
1:00— 5:00 PM  
Fun-Filled Event for Families



#### Monday, October 5

Staff Development Day  
Preschool Closed



# The 2009-2010 School Year

## Renewed Teaching Teams



Each year, teachers are assigned to each classroom based on their training and experience in working with a specific age group. A good match of teacher

personalities and temperaments within each teaching team, and between the teachers and children is also important to foster a positive social and personal experience for the child. Over the past few years, teaching at Redeemer Preschool has evolved from a support model (a teacher and a teacher aide in each classroom) into a team teaching model (two qualified teachers in each classroom), utilizing the concept of shared responsibilities and teacher ownership. Team teaching can also enhance small group teaching and individualized care.

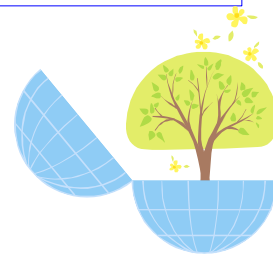


## A Growing Program to Deepen Children's Learning

As we all know, young children learn best through PLAY and hands-on experiences. We develop and implement a play-based curriculum to address the multiple domains of children's development, which is sensitive to their emergent interests, capabilities and backgrounds. We adhere to national curriculum standards set forth by the National Association for the Education of Young Children (NAEYC) that cover the following areas:

- Social-Emotional Development
- Physical Development
- Cognitive Development
- Language Development

- Early Literacy
- Early Mathematics
- Science and Nature
- Technology
- Creative Expression and Art Appreciation
- Health and Safety
- Social Studies



While art, science, music, movement, and cooking are all part of our daily curriculum, we offer additional enrichment activities in both the morning and afternoon sessions to expand the children's learning and inspire their imaginations. Below is our enrichment team who continuously share their talents and JOY with the children.

**Animal Program:** Trisha Coulter (Yellow Duck teacher)

**Art/Science Club** (conducted by classroom teachers)

**Cooking Club:** Sylvia Frazer (float teacher), Martha Flores (parent), Karen Brumbaugh (Yellow Duck teacher) and Teresa Chan (director)



**Gymnastics:** Issac Notman

**Magic:** Magic Dan

**Music and Movement:**

Music teacher Tom Holmes  
(Purple Dragon parent)

Miss Kitty, guest music performer  
Jacki Tarantino (Red Dragon teacher),  
and a music/movement specialist

Dancer Kim Patzner (Purple Dragon teacher)

**Lion Dance:** Marin Chinese Cultural Association

**Performing Arts:** Youth in Arts

**Puppet Show:** Puppet Art Theatre Company

**Spanish:** Stefan Turcios

**Storytelling:**

Storyteller Scott Urquhart and the Let's Go Green

Group. Guest storyteller Kirt Waller who specializes in diversity education.

**Yoga:** Katie Jay



## Clothing, Shoes and Personal Items

We ask that children arrive at school wearing comfortable, washable clothes suitable for active and messy play so that your child can feel free to become involved in any activity. Clothing needs to be easy for your child to get on and off for bathroom independence. Parents are asked to check their child's cubby daily to be sure it is stocked with an extra set of clothing, underwear, socks and shoes. Please mark everything with your child's name; we cannot be responsible for unmarked clothing. We find that **well-built, washable tennis** shoes allow for the greatest freedom of movement and highest degree of safety. We do not allow children to go bare-foot for safety reasons.



**Crocs, flip-flops, and open-toed sandals are not safe for active play!**



Toys and learning materials have been carefully selected for all children so that it is not necessary to bring toys from home. However, there are times when a child may wish to share a personal item from home. Please notify the child's teacher in advance so that arrangements can be made. Please do not bring items which have small pieces that can become detached and thus be a hazard to younger children. For children enrolled in a full-day program, a rest period is scheduled into the afternoon. Some children adopt a "cuddly" toy as a comfort object to use during this time of rest. If you wish to bring a stuffed toy like this for your child, please mark with your child's name and place in their cubby.

## Birthdays



We welcome birthday celebrations! Parents may send a special treat for the class to share on their child's birthday. Our program emphasizes good nutrition so please **do not bring birthday snacks that contain high sugar content**. Some ideas for birthday treats include muffins (no frosty cup cakes), banana or other fruit bread, natural juice, finger Jell-o or yogurt.

## School Lunches

While playing in the school yard, children would ask their teachers everyday about lunch time. Children look forward to school lunches when they can enjoy food with their friends. Please pack your child's lunch in a LABELED lunch box with an ice pack. **Do not bring food that requires heating up**. Don't forget a drink and napkin. Simple and easy-to-eat foods interest young children. Packaging that children can open and food they can eat easily help them develop self confidence and independence when eating their meals. Left-over food that your child likes is also a great idea. When it comes to serving sizes, think small as children's small stomachs can only hold small amounts of food. Children enjoy an occasional surprise in their lunches. Consider adding a non-food item that says "You are special!"

